



HEOP Newsletter

HIGHER EDUCATION OPPORTUNITY PROGRAM

MARYMOUNT MANHATTAN COLLEGE

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LETTER FROM THE EDITOR

WELCOME TO OUR BI-ANNUAL HEOP WORKS NEWSLETTER. I WANT TO THANK EVERYONE FOR THE CONTINUOUS SUPPORT. AFTER A SUCCESSFUL SPRING SEMESTER HEOP STUDENTS WELCOMED THE FALL! WITH MORE IN-PERSON CLASSES BEING OFFERED OUR HEOP COMMUNITY HAS BEEN MORE TOGETHER THAN EVER. THIS FALL WE WELCOMED OUR WONDERFUL CLASS OF 2026 WHO WERE ARE EXCITED ARE NOW PART OF OUR WONDERFUL HEOP FAMILY! NOT ONLY DID WE CONGRATULATE BUT WE GOT TO SAY A TEMPORARY GOODBYE TO OUR FALL 2022 GRADUATES. THIS SEMESTER OUR NEW STUDENTS ALONG WITH CURRENT STUDENTS PARTICIPATED IN HEOP EVENTS ON AND OFF CAMPUS, CONTINUED THEIR INVOLVEMENT WITHIN THE COMMUNITY AND REACHED VARIOUS ACCOMPLISHMENTS. I HOPE YOU ALL ENJOY READING OUR NEWSLETTER AND THE WONDERFUL THINGS THAT OCCURED WITHIN HEOP.

-STEPHANIE GALVEZ '23
HEOP OFFICE MANAGER

Class Of 2026!

THIS SEMESTER WE GOT TO WELCOME OUR CLASS OF 2026! WE ARE EXCITED TO HAVE THEM JOIN OUR FAMILY AND SEE THE GREAT THINGS THEY ACCOMPLISH AT HEOP AND MARYMOUNT.



2026

CLASS OF '26
MARQUESE HEARD
LOGAN RODRIGUEZ
VALENTINE JOACEUS
JAÉLYNN DOMINGUEZ
MALORY QUEZADA
DAISY ALVAREZ
MARIA ORTEGA
ANI'A DOCKERY
MADELINE ORTIZ
ALYSSA CRUZ



(LEFT TO RIGHT)

Leadership Council

THE LEADERSHIP COUNCIL OFFERS OUR HEOP STUDENTS A PAID INTERNSHIP IN PROFESSIONAL DEVELOPMENT, ALLOWING STUDENTS TO GAIN LEADERSHIP AND PROFESSIONAL SKILLS. OUR MEMBERS OF THE LEADERSHIP COUNCIL WORK CLOSELY WITH HEOP STAFF TO CREATE AND DISCUSS HEOP PROGRAMMING, IDEAS AND A VARIETY OF OTHER PROJECTS.

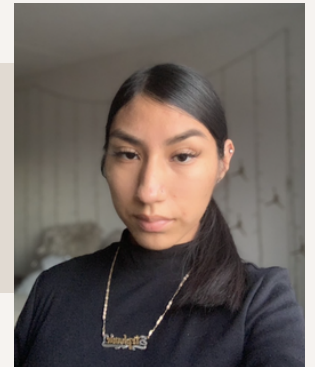


JOSE SANCHEZ '25

DESIGN MANAGER

STEPHANIE GALVEZ '23

HEOP OFFICE MANAGER



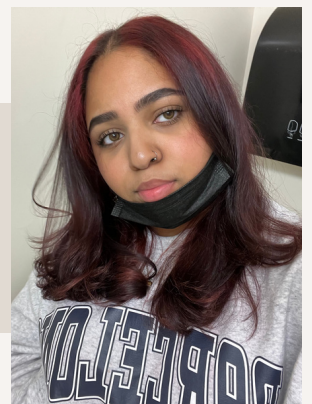
EMELY ABRIGO '24

PROGRAMMING MANAGER



GABRIELLA REYES '25

SOCIAL MEDIA MANAGER



No Peer Left Behind

THE NO PEER LEFT BEHIND PEER IS A MENTORING PROGRAM DESIGNED TO OFFER FIRST-YEAR HEOP STUDENTS AN ADDITIONAL LEVEL OF SUPPORT AS THEY START THEIR COLLEGIATE JOURNEY. FIRST YEAR STUDENTS ARE PAIRED WITH UPPERCLASSMAN WHO OFFER THEM GUIDANCE AND SUPPORT AS NEEDED THROUGH IN-PERSON AND VIRTUAL GET TOGETHERS. SINCE THE START OF THE NO PEER LEFT BEHIND PROGRAM FIRST-YEAR STUDENTS HAVE ATTESTED THAT HAVING A MENTOR WAS A HUGE SUPPORT.



MELANIE BERMUDEZ



EMELY ABRIGO



SAHVANNI CRUZ



DARLENE CASTILLO



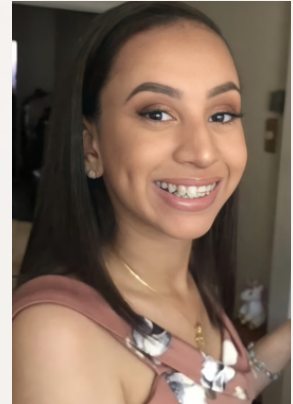
JOSE SANCHEZ



KAYLEEN CABRERA



JANET CASTILLO



LUZNERY MARTINEZ



LISBETH GREEN



JAVINN TAVERAS DURAN

Student Spotlight



EMELY ABRIGO '24

EMELY ABRIGO HAS DEMONSTRATED CONTINUOUS COMMITMENT AND LEADERSHIP THROUGHOUT HER COLLEGIATE JOURNEY. EMELY IS CURRENTLY A PEER MENTOR AND LEADERSHIP COUNCIL MEMBER WHERE SHE SERVES AS THE PROGRAM MANAGER. EMELY'S ACCOMPLISHMENTS EXPAND FAR BEYOND HEOP, WHERE AT MMC EMELY FOUNDED A NEW FIRST GENERATION COHORT "TRI ALPHA".

OUTSIDE OF SCHOOL EMELY VOLUNTEERS AT A NON-PROFIT ORGANIZATION WHERE SHE HELPS FIX BABY CLOTHING THAT GO TO A BOUTIQUE IN ADDITION EMELY ALSO TEACHES STUDENTS AT HER LOCAL CHURCH.

Deans List

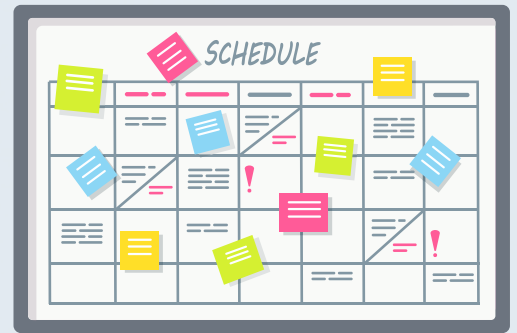
CONGRATULATIONS TO OUR SCHOLARS WHO MADE IT
ON THE DEANS LIST! THE DEANS LIST WAS AWARDED TO
STUDENTS WHO EARNED A GPA OF 3.7 OR HIGHER
DURING THE SPRING 2022 SEMESTER.

JOSE SANCHEZ' 25

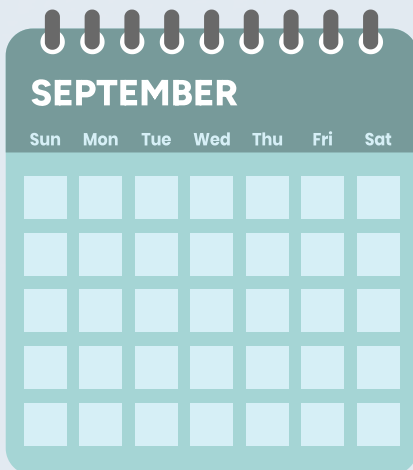
STEPHANIE GALVEZ '23

DARLENE CASTILLO ' 23

Monthly Programming & Events



THROUGHOUT THE SEMSTER HEOP STUDENTS ARE ENCOURAGED TO ATTEND MONTHLY PROGRAMMING AND EVENTS. PROGRAMMING AND EVENTS VARY AND ALLOW ALL OF OUR STUDENT COHORTS TO COME TOGETHER AS A FAMILY.



SCHOLARS LUNCHEON!





HEOP HOMECOMING

HAPPENING FRIDAY!!
OCTOBER 21ST @ 4:00PM IN THE
COMMONS

BRING FRIENDS,
ALUMNI & FAMILY!

THEME: IT TAKES A VILLAGE







Fall 2022 Graduates!

A HUGE CONGRATULATIONS TO OUR GRADUATING
SENIORS: LUZNERY MARTINEZ '23 AND DARLENE
CASTILLO '23!



LUZNERY MARTINEZ '23
MAJOR : PSYCHOLOGY
MINOR: SOCIAL WORK



DARLENE CASTILLO '23
MAJOR : FASHION MARKETING



HEOP Staff



TSEDAY ALEHEGN

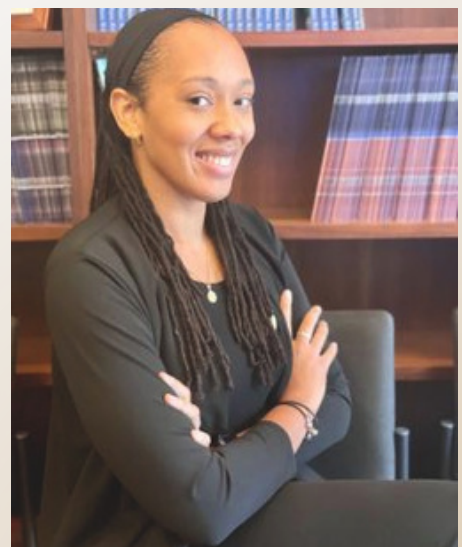
Tseday Alehegn is an alumni of Columbia University, with an Ed.D. in Health and Behavioral studies and a Masters in Neuroscience and Education. Alehegn previously worked as an Associate Dean and Executive Director of Academic Administration at MMC.

EXECUTIVE DIRECTOR OF HEOP
SHE/HER/HERS
TALEHEGN@MMM.EDU
212-774-0791

TASWYA CAMBRIDGE

Taswya Cambridge has a BA in Public Relations and a Masters in Psychology. Cambridge is an alumni of Rowan University (BA) and the University of Westminster in London (MA). Cambridge previously worked as an Admissions counselor and HEOP Liaison at MMC.

HEOP COUNSELOR & COORDINATOR
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THANK YOU!

HEOP THANKS THE
ENTIRE MMC
COMMUNITY FOR
SUPPORTING THE
HEOP NEWSLETTER

VISIT OUR HEOP
WEBSITE: [HERE](#)



Marymount
Manhattan
College



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FACEBOOK:
ARTHUR O. EVE