

NEWSLETTER

SPRING 2022 | ISSUE 6

KAYLEEN CABRERA '23

PUBLIC RELATIONS AND NEWSLETTER MANAGER

WITH THE SPRING SEMESTER SPEEDING BY, HEOP STUDENTS HAD TO BUCKLE DOWN FOR THE RIDE. FOR THE SPRING SEMESTER, MMC HAD OFFERED HYBRID LEARNING WITH MORE CLASSES OFFERED IN PERSON THAN ONLINE. STUDENTS HAD TO BE FULLY PRESENT DURING IN-PERSON LEARNING WITH MANY INTERACTIVE ACTIVITIES OFFERED TO THEM. SOME OF THESE ACTIVITIES CONSISTED OF A BOWLING NIGHT WITH HEOP STAFF AND STUDENTS AND HEOP WOMEN'S DAY WHERE THE STUDENTS HAD TAPED PIECES OF PAPER ONTO EACH OTHER'S BACKS AND WROTE SWEET MESSAGES AND COMPLIMENTS ABOUT EACH OTHER ON THE PAPER; ACTIVITIES LIKE THESE HAVE BEEN ABLE TO BRING ABOUT A SENSE OF TOGETHERNESS. SAYING ALL OF THIS, HEOP STUDENTS HAVE NOT ONLY EXCELLED ACADEMICALLY AT MARYMOUNT BUT HAVE ALSO SHOWN THEIR TALENTS WITHIN EVENTS HELP AT THE COLLEGE AND OUTSIDE OF THE COLLEGE AS WELL. THESE ACCOLADES ARE SHOWCASED IN THIS ISSUE AND I WOULD LIKE TO THANK AND WELCOME YOU ALL TO OUR BI-ANNUAL HEOP NEWSLETTER. I AM SO GRATEFUL AND ECSTATIC TO HAVE FORMULATED AND EDITED THIS NEWSLETTER.

~KAYLEEN CABRERA '23

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MEET THE STAFF



TASWYA CAMBRIDGE

HEOP COUNSELOR & COORDINATOR

SHE/HER/HERS

TCAMBRIDGE@MMM.EDU

212-517-0591

A WARM *welcome*



TSEDAY ALEHEGN

EXECUTIVE DIRECTOR OF HEOP
SHE/HER/HERS
TALEHEGN@MMM.EDU
212-774-0791

Alehegn is of Ethiopian background, an alumni of Columbia University, with an Ed.D. in Health and Behavioral studies with an M.S. in Neuroscience and Education. Having had previous experience working at Marymount for four years; such roles being Associate Dean and Executive Director of Academic Administration where she was responsible for the coordination of the Bedford Hills and Taconic Prison programs at Marymount. These programs serve as a bridge to help women who are incarcerated in attaining education. Alehegn has held positions in various committees within the college, some being the academic policy committee, the president's advisory committee, internationalizing MMC committee, and has served as a Title IX investigator among many other positions at MMC. It is undoubtedly noted that Alehegn will be an amazing director who plans to assist in the further development and betterment of HEOP. We welcome Alehegn and thank her for taking on the role of the new director.

SPRING 2022 ACCOLADES

Persistence Rate: 97.9%

Fall '21 Graduates: 1

Spring '22 Graduates: 4

**HEOP First Year Retention Rate:
100%**

**CONGRATS TO
ALL WHO MADE
IT ON **SPRING**
2022 DEANS
LIST!**



HEOP SPOTLIGHT



DARLENE CASTILLO '23
MAJOR: FASHION MARKETING

OVER THE COURSE OF THIS SUMMER DARLENE HAS AN 8-WEEK INTERNSHIP PROGRAM AT MACY'S AS A MERCHANDISING INTERN. SPECIFICALLY IN THEIR BUYING DEPARTMENT WHERE SHE WILL BE ABLE TO APPLY WHAT SHE HAS LEARNED IN HER RETAIL MANAGEMENT CLASS. THIS INTERNSHIP COULD HELP IN DARLENE ATTAINING A FULL TIME JOB SOON AFTER GRADUATION!!



SHYAN DIAZ '25
MAJOR: LIBERAL ARTS

SHYAN HAS ACQUIRED AN INTERNSHIP IN REGARDS TO SOCIAL WORK, PARTNERING WITH HER OLD HIGH SCHOOL. THIS WAS ATTAINED THROUGH A SOCIAL WORK COURSE SHE HAD TAKEN.

HEOP SPOTLIGHT



MELANIE BERMUDEZ '23
MAJOR: IS/PHR

MELANIE IS CURRENTLY HOLDING DOWN TWO JOBS, COMMENDABLE FOR A COLLEGE STUDENT TO DO. SHE IS WORKING WITH THE DEPARTMENT OF EDUCATION AS A PARAPROFESSIONAL AND AT PANDORA.



KAYLEEN CABRERA '22
MAJOR: PSYCHOLOGY



KAYLEEN HAD REACHED OUT TO ACTIVIST, INFLUENCER, AND POET, JOSEPH CAPEHART IN FALL 2021 TO HOLD AN INTERVIEW AND PICK THEIR BRAIN ON THEIR IDEALS OF BLACK LIBERATION, IDENTITY, AND WHAT IT MEANS TO TRULY BE FREE. THIS WAS FOR ONE OF HER CLASSES AT THE TIME WHERE SHE HAD TO CREATE AND PRESENT AN ART PIECE INFLUENCED BY THE INTERVIEW (SHOWN ABOVE), THE PAINTING CALLED "BEAUTY IN ACTIVISM". KAYLEEN ALSO PARTICIPATED IN THE BLACK HISTORY MONTH SHOWCASE, SPRING '22 WHERE SHE PERFORMED HER POEM "MIRRORED LOVE" ALONGSIDE OTHERS.

SPRING 2022 GRADUATES



JERANDY BEATO
B.A. SPEECH LANGUAGE
PATHOLOGY & AUDIOLOGY



DIANA CAMILLO
B.A. SPEECH LANGUAGE
PATHOLOGY & AUDIOLOGY



SPRING 2022 GRADUATES



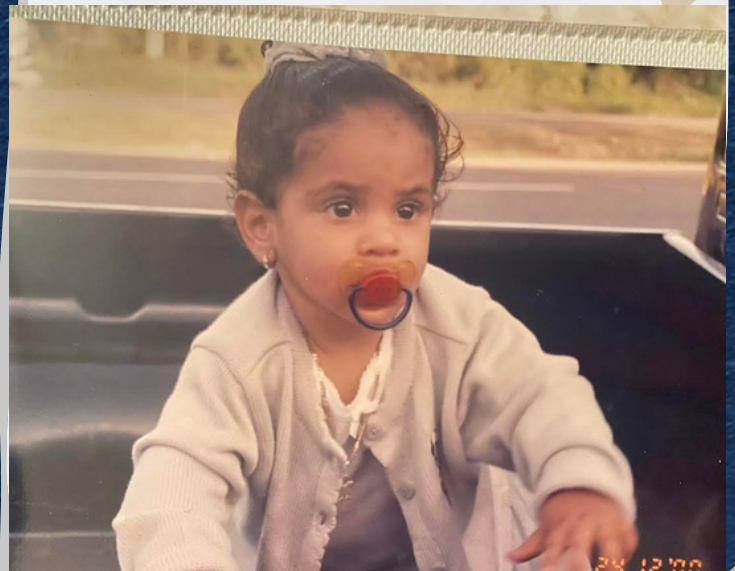
PERSIS QUAICOE
B.S. FINANCE



AOLANI KENDALL
B.A. ILLUSTRATION &
ANIMATION
MINOR: BUSINESS



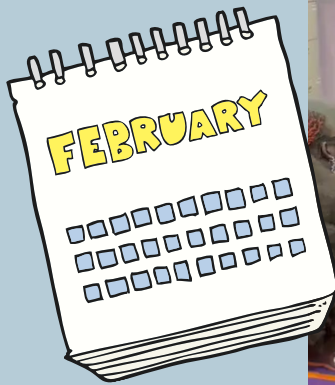
Guess The Baby Senior



MATCH THE SENIOR TO THEIR BABY PICTURE

PROGRAMMING & EVENTS

STUDENTS ARE ENCOURAGED TO ATTEND HEOP-PROVIDED PROGRAMS AND EVENTS TO NOT ONLY PARTICIPATE AS A COHORT BUT TO ALSO SHARE SPACE WITH ONE ANOTHER, HELPING BUILD BONDS, AND PROMOTE UNITY.



HEOP BLACK HISTORY MONTH

COME JOIN US TO KNOW ABOUT
DIFFERENT SOCIAL JUSTICE
📍 HEOP OFFICE

Feb. 28, 2022

5:15-5:45PM

FOOD WILL BE
PROVIDED





INTERVIEW & RESUME PROGRAM

COME JOIN US AND CAREER SERVICES IN THE HEOP OFFICE!

MARCH.16.22

3:00 - 3:30 PM

ACE THAT INTERVIEW!

HEOP & Career Services

Wednesday, March 16
3:00 PM - 3:30 PM ET
HEOP Office
Nugent Hall, Room 309

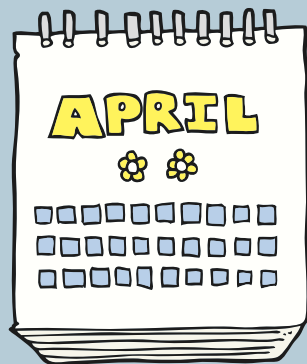


HEOP
Women's Day



MARCH 9 TH
At 4pm

COME JOIN US TO CELEBRATE
WOMEN'S HISTORY MONTH
📍 HEOP OFFICE



HEOP BOWLING DAY

April 23rd, 2022
3pm-5pm
Come join us have a fun afternoon!
Frames Bowling Lounge
550 9th Ave, New York, NY 10018




CONGRATS

END OF THE YEAR CELEBRATION!

WEDNESDAY MAY 18TH

STARTS AT 1:00 PM

FOOD WILL BE PROVIDED!




Leadership Council



KAYLEEN CABRERA '23
PUBLIC RELATIONS AND NEWSLETTER
MANAGER



MELANIE BERMUDEZ '23
HEOP RECRUITMENT MANAGER



STEPHANIE GALVEZ '23
HEOP ADMINISTRATIVE ASSISTANT



EMELY ABRIGO '24
PROGRAMMING MANAGER



JOSE SANCHEZ '25
PARENT/ALUMNI ENGAGEMENT AND
HOMECOMING MANAGER

NO PEER LEFT BEHIND

THE HEOP NO PEER LEFT BEHIND PEER MENTORING (NPLB) PROGRAM WAS CREATED TO PROVIDE AN EXTRA LAYER OF SUPPORT TO THE FIRST-YEAR HEOP STUDENTS AS THEY BEGAN THEIR COLLEGIATE JOURNEY. ALL FIRST-YEAR STUDENTS ARE PAIRED WITH UPPER-CLASS STUDENTS BASED ON SIMILAR MAJORS AND INTERESTS.

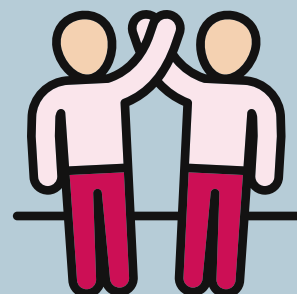
MENTORS MEET WITH THEIR MENTEES BIWEEKLY TO PROVIDE GUIDANCE AND SUPPORT AS NEEDED. HEOP COUNSELOR/COORDINATOR TASWYA CAMBRIDGE SERVES AS THE PRIMARY ADVISOR FOR THE NPLB MENTORING PROGRAM.



PEER MENTORS:

JERANDY BEATO
JANET CASTILLO
MELANIE BERMUDEZ
DARLENE CASTILLO
ASHLEY ALBERTO
IBRAHIM BAH
HEILYN PEREZ
LUZNERY MARTINEZ

(FROM LEFT TO RIGHT)



A FRIEND OF HEOP



GEILIN PICHARDO '25
MAJOR: PSYCHOLOGY
MINOR: ART THERAPY, CHILD DEVELOPMENT, &
CREATIVE MEDIA

"I MET MY FELLOW HEOP FRIENDS IN THE MIDDLE OF SEPTEMBER OF MY FIRST SEMESTER AT MARYMOUNT. I IMMEDIATELY FELT A SENSE OF COMMUNITY AND CONNECTED WITH EVERYONE SO QUICKLY. BEING A HEOP ADOPTEE HAS HELPED ME NETWORK AND CREATE WONDERFUL RELATIONSHIPS. THIS SUMMER I PLAN TO WORK AS A CAMP COUNSELOR FOR A SUMMER CAMP PROGRAM CALLED 'POPFIT KIDS' AS WELL BEING A PART OF SYEP. FOR THE SPRING, I PLAN TO INTERN AT 'THE CENTER' WHICH IS A LGBTQIA+ MENTAL HEALTH CENTER AS A YOUTH CASE WORKER."



HEOP BANQUET

ON MAY 6, HEOP HOSTED ITS BI-ANNUAL BANQUET CEREMONY
RECOGNIZING THE SPRING GRADUATES, PEER MENTORS, LEADERSHIP
COUNCIL MEMBERS, AND STUDENTS WHO MADE THE DEAN'S LIST.
OVERALL, WE CELEBRATED HEOP'S CURRENT SUCCESS AND ABILITY TO
POWER THROUGH UNFORSEEN CIRCUMSTANCES



MEMORIES MADE WITH HEOP

"THE ADVICE I WOULD GIVE TO MY YOUNGER SELF IS TO CONTINUE TO WORK HARD BECAUSE ALL THE LATE HOURS STUDYING AND DOING HOMEWORK PAID OFF. I WOULD TELL MYSELF THAT IT'S IMPORTANT TO SAY NO SOMETIMES AND TO NOT ALWAYS INVOLVE YOURSELF IN MANY THINGS LIKE EVERY SCHOOL EVENT OR CLUB BECAUSE YOU HAVE TO FIND TIME FOR YOURSELF AND YOUR BUSY SCHEDULE."

-JERANDY BEATO '22



THANK YOU!

**HEOP THANKS THE
ENTIRE MMC
COMMUNITY FOR
SUPPORTING THE
HEOP NEWSLETTER**

**VISIT OUR HEOP
WEBSITE: [HERE](#)**

FOLLOW US ON



INSTAGRAM:
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FACEBOOK:
[ARTHUR O. EVE](#)

 **HEOP WORKS**
50 Years of Access, Opportunity, & Success



Marymount
Manhattan
College